



## THE DFDC 1999-PRESENT CC TOP 10 TIMED MILES

### FRESHMAN:

1.	Dawid Turos	4:51.5	10/14/2020	
2.	Josh Puyear	4:51	2017	
3.	Cole Bernstein	4:52	2018	
4.	<b>Andrew Calderon</b>	<b>4:52.5</b>	<b>10/17/2023</b>	<b>*NEW ADDITION</b>
5.	Jon Wool	4:53.2	10/30/2020	
6.	Eric Lakemaker	4:53	2018	
7.	Ryan Bernstein	4:53	2018	
8.	Jordan Abosch	4:54	2009	
9.	Noble Schermerhorn	4:55	2003	
10.	Alex Gold	4:57	2009	

### SOPHOMORE:

1.	Ryan Bernstein	4:36.4	10/8/2019	
2.	<b>Jamie Chandler</b>	<b>4:37.4</b>	<b>8/8/2023</b>	<b>*NEW ADDITION</b>
3.	Cole Bernstein	4:38.0	10/8/2019	
4.	Eric Lakemaker	4:40.8	10/8/2019	
5.	Alex Gold	4:43	2010	
6.	Charles Nash	4:44	2012	
7.	Josh Puyear	4:45	2018	
8.	Lucas Moskovitz	4:46.1	10/8/2019	
9.	Alex Luo	4:48.7	10/8/2019	
10.	Makoto Bowering	4:49	2009	

### JUNIOR:

1.	Eric Lakemaker	4:35	8/11/2020	
2.	Dylan Cohen	4:35.9	11/10/2022	
3.	Ryan Bernstein	4:36.4	9/26/2020	
4.	Cole Bernstein	4:36.8	9/26/2020	
5.	Noble Schermerhorn	4:38	2005	
6.	Lucas Moskovitz	4:38	8/11/2020	
7.	Nick Dowell	4:40.1	11/15/2023	
8.	Ben Freedman	4:42.0	11/15/2023	
9.	Josh Puyear	4:42.5	10/8/2019	
10.	Alex Gold	4:43	2011	

### SENIOR:

1.	Pat Wylie	4:27	2009	
2.	Alex Gold	4:30	2012	
3.	Shai Farhi	4:32	2012	
4.	Noble Schermerhorn	4:34	2006	
5.	Josh Puyear	4:34	8/11/2020	
6.	Charles Nash	4:35	2014	
7.	Jordan Abosch	4:35	2012	
8.	Ben Kraemer	4:36.0	10/8/2019	
9.	<b>Dylan Cohen</b>	<b>4:36.9</b>	<b>8/8/2023</b>	<b>*NEW ADDITION</b>
10.	Bradley Brodsky	4:38	2018	

Note: Only timed miles during or shortly after cross country season are considered (June-November). No times from track season.  
Note: All times in 2019 or later (except 2020) are full mile times. Previous times are only 1600m. No conversions, just a harder standard.