

DHS Support Groups

Deerfield High School offers a variety of student support groups that address social and emotional needs in a safe, supportive, and confidential place. While these groups are open to all students, they are designed to support students whose identities align with the specific group. The group environment creates a greater sense of community within the school while promoting overall school functioning and academic success. Groups are voluntary and of a confidential nature. Groups meet weekly during the school day on a rotating schedule. Students may be referred to a group by parents/guardians, teachers, counselors, or by self-referral.

District 113 does not require parent/guardian permission for student participation in support groups. If you do not want your student to participate in any of the support groups listed, please state your objection in writing to Amy Bricker, Counseling Department Chair (abricker@dist113.org).

Alliance – For LGBTQIA+ and questioning students

Breathe – For students who are interested in developing skills and strategies to manage anxiety (8-week group)

Culture Connections – For Asian and Pacific Islander students to discuss issues and life experiences

Family Connections – For students who would like to talk about difficult family situations they encounter

Latino Group – For students who identify as Latino/Latina/Latinx to discuss issues and life experiences

Soul: The Black Student Union (SBSU) – For Black students to discuss issues and life experiences

Transfer Students – For students transferring into Deerfield High School