

DHS Support Groups

Deerfield High School offers a variety of student support groups that address social and emotional needs in a safe, supportive and confidential place. The group environment creates a greater sense of community within the school while promoting overall school functioning and academic success. Groups are voluntary and of a confidential nature. Groups meet weekly during the school day on a rotating schedule. Students may be referred to a group by parents/guardians, teachers, counselors, or by self-referral.

District 113 does not require parent/guardian permission for student participation in support groups. If you do not want your student to participate in any of the support groups listed, please state your objection in writing to Amy Bricker, Counseling Department Chair (abricker@dist113.org).

Alliance – For LGBTQ+ and questioning students

Black Male Group – For black male students who are interested in discussing and processing their experiences

Breathe – For students who are interested in developing skills and strategies to manage anxiety (8-week group)

Culture Connections – For students who identify as a racial, ethnic or religious minority, to discuss issues and life experiences

Latino – For students who identify as Latino/Latina/Latinx, to discuss issues and life experiences

Loss – For students who have experienced the death of an immediate family member or close friend

Minorities With Knowledge – For students who identify as a racial or ethnic minority to discuss issues and life experiences

Organizational Skills – For students who need to develop organizational and study skills to improve academic performance

Transfer Students – For students transferring into Deerfield High School