



TOWNSHIP HIGH SCHOOL DISTRICT 113

Adult Education Newsletter

January 2021

FREE Testing Sites/Meal Distribution

Upcoming Events at Job Center of Lake County

Career Tips Meet The Teachers

FREE COVID-19 TESTING

*By appointment only

TUESDAYS

JANUARY 12, 19, 26

FEBRUARY 2

9:00 am - 12:00 pm

NUESTRO CENTER

501 Bank Lane, Highwood, IL 60040

- Saliva testing
- You will be called with results within 2 days
- Anyone age 8 and older can get tested
- No insurance needed

TO SCHEDULE AN APPOINTMENT CALL

(847) 432-4981, ext. 102



FREE MEAL PROGRAM!



ALL STUDENTS EAT FOR FREE 7 DAYS A WEEK

Free for All Students 18 Years and Younger

Breakfast: Includes breakfast entrée, fresh fruit, and milk

Lunch: Includes lunch (frozen meal that will be reheated) entrée, fruit, vegetable & milk

WEEKEND PICK-UP

Simple and Convenient!

Saturdays

9:00 AM – 11:00 AM

Pick-up Location:

Highwood Metra Station

317 Green Bay Rd

Highwood



FREE COVID-19 TESTING

WHEN: The following four Tuesdays (January 12, 19, 26, February 2nd) from 9:00am-12:00pm

WHERE: Nuestro Center (501 Bank Lane, Highwood, IL 60040)

WHO: Anyone age 8 and older

***Must make an appointment (see flyer for more details)**

FREE MEAL DISTRIBUTION

WHEN: Every Saturday (Until end of school year) from 9:00am-11:00am

WHERE: Highwood Metra Station (317 Green Bay Rd, Highwood, IL 60040)

WHO: Any families with children ages 18 and under, children do not have to be present

Career Training & Work Experience available through WIOA (next page)

Lake County Workforce Development qualifies jobseekers for Workforce Innovation and Opportunity Act (WIOA) training funds available through the U.S. Department of Labor. The goal is to help unemployed and underemployed individuals gain skills necessary to compete in the current market. WIOA also provides funding for a paid work experience. Participants may be matched with a six-month internship that allows them to add practical experience to their resume.

Workshops, hiring events, and resources for anyone in career transition.

UPCOMING EVENTS!

Your Personal Brand & Resume

Tuesday January 19, 2021 at 1:00 PM

Regardless of your job title or field, you have a personal brand. Learn how to customize your resume and other written tools to help you land a great job.

[Register for this online event.](#)

Mastering the Virtual Job Interview

Tuesday January 26, 2021 at 1:00 PM

Virtual interviews are becoming a staple of the candidate recruiting process. Learn the necessary tips and tricks to successfully interview online and land your next job!

[Register for this online event](#)

English & High School Equivalency Classes

The College of Lake County offers free adult education classes. Most of the classes are offered online via Zoom with flexible schedules and a few are offered in person. The classes begin January 19, 2021 and late start in February. The FREE classes offered are:

- English as a Second Language (ESL)
- High School Equivalency (HSE)
- Spanish Adult Secondary Education (Spanish HSE)
- Pre-Bridge and Bridge to Career Classes
- Computer Classes
- Citizenship Classes

Call the Adult Education & ESL Division at 847-543-2485 for details.

[English flyer](#)

[Spanish flyer](#)

Job Center Hours

The Job Center of Lake County is open for limited appointments. Jobseekers can set up a time to use the computers for self-directed job search at our office at 1 N. Genesee St., Waukegan by calling 847.377.3450. **The Job Center will be closed on Monday, Jan. 18.**

Additional information is available on the [Job Center website](#).

211 Lake County

211 Lake County can connect you to social services including resources for finding food, healthcare, paying your utility bills, mental health services, etc. Visit the website or call 211 from your phone.

You can also text your zip code to 898211 for assistance.



“COMMUNICATION – The Human Connection – is the Key To Personal And Career Success.”

Paul J. Meyer



Tips on Career Advancement – Take Your Career to the Next Level!

When it comes to succeeding in the workplace, a [degree](#) alone is not going to cut it. That’s because the most in-demand qualities employers look for are soft skills – the personal and elusive attributes that allow you to work and interact effectively with the people around you.

Communication - This is single-handedly the most important quality for your professional *and* personal life. You need to be able to [converse with people from different cultures](#) in person, writing and over the phone. The ability to listen to others and display empathy when necessary is also a fundamental part of [communicating effectively](#).

Work Ethic - Having a great work ethic is vital to succeed throughout your working life. You should be eager to continuously learn and progress, as well as get things done in a timely manner. This doesn’t mean that you need to devote your entire life to your occupation, but you should be present and get stuck in – this will often involve taking tasks that aren’t included in your job description or doing more duties to help a teammate out.

Self-Confidence - Confidence is in everything you do and say – your appearance, behavior, even the work you submit and the simple ways in which you hold yourself. Employers want to work with people who are sure about their professional skills and who can encourage others to follow suit.

Teamwork - Being able to [work as part of a team](#) is essential in the workplace. Whether you are working on a group project or simply participating in a meeting, you will need to be a team player, show respect to others and generally be willing to work towards achieving a common goal. Teamwork means contributing your ideas effectively, being responsible and assertive, accepting criticism and giving constructive feedback to others.

Dependable - Employees are expected to come to work on time, stay until at least closing time, and complete their assignments when they are due, or earlier. They also are expected to demonstrate their commitment to the job and show that they take their work seriously.

Click on Link to access WIOA (Workforce Innovation and Opportunity Act) services.

Here is a virtual information session (available in both English and Spanish) [Lake County – Careers](#)



Link for the current job postings for the month of December:

<https://www.lakecountyiil.gov/Jobs>



<https://www.lakecountyiil.gov/393/Calendars>

Link for current workshops

A TEACHER Takes A Hand, Opens a Mind & Touches a HEART

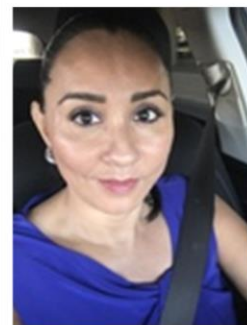


**Meet The
Teachers!**

Tamara Hendershot is a teacher for our beginning ESL learners. She has been teaching in our program for 2 years. She was born in Cali, Colombia, but currently lives in Highland Park with her husband (and best friend for 33 years!). She has a beautiful 24-year-old daughter as well. She is a graduate of Loyola University and National Louis. She truly loves watching her students learn and grow and considers it an honor to be able to teach them.

It really makes her proud when her students tell her that they are using their English at work, or with their neighbors in their everyday lives. Her best advice to students is that they should push themselves to read, even if they don't understand everything. She also encourages them to practice, practice, practice whenever and wherever they can.

When Tamara isn't busy teaching, she enjoys walking, traveling and dining out. She's enjoyed the extra time during Covid-19 to just "stop" for a while, stay home and do some major de-cluttering. A great piece of advice she remembers getting is "One step at a time.....".



Quote:
"Remember to
stop and be"-
Ekhart Tolle

Ceci Greco has been a teacher in our program for 28 years. She was born in Annapolis, Maryland and attended Catholic University in Washington, D.C. She currently lives in Deerfield, IL with her husband. She has 3 grown children and 7 grandchildren. Ceci currently teaches Comprehensive ABE for our program. She really enjoys teaching our students because it has given her the opportunity to learn a lot about other cultures. She believes that her experiences in teaching her students have expanded her world view. She likes the challenge of finding creative and effective ways to help others feel comfortable in their new language.

Ceci is most proud of her students when they begin to use new vocabulary and idioms on their own. It has impressed her that her students have been able to attend Zoom classes, participate and keep up with their homework during this challenging and stressful time. She believes that her students have truly gone the extra mile to learn English during this Pandemic. The advice she gives her students on learning English is that your ear is your best friend. She also reminds them that they need to be comfortable with ambiguity and not knowing everything right away—it takes time!

When she is not busy preparing for her class or teaching students, she enjoys playing tennis, gardening, playing with her grandchildren and doing crossword puzzles. During Covid-19, she has enjoyed going on long walks with her husband and sitting on her patio at the end of the day, soaking up the sights and sounds of nature in her backyard. A great piece of advice she remembers receiving along the way is to make your bed every day.



Quote: "Darkness
cannot drive out
darkness; only light
can do that. Hate
cannot drive out hate;
only love can do that."
-Martin Luther King

***** For more information or if you have any questions, please contact one of the
District 113 Adult Guidance/Transition Coordinators *****

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